2017 MURA Annual General Meeting



Nancy Bouchier, Professor of History and associate member of the Department of Kinesiology, gave a very interesting talk about the history and future prospects of the Hamilton Harbour. Nancy and Ken Cruikshank, Professor of History and Dean of Humanities, are co- authors of the book, *The People and the Bay: A Social and*

Environmental History of Hamilton Harbour.

Nancy showed us a map of the bay and how it was reduced to 2/3 of its original size after being filled for industrial purposes, starting in the 1890s. Industry, commerce, the railroads, and the city's water system which used the harbour to "flush" waste water all lead to massive pollution of the water and surroundings. Meanwhile Hamilton residents, most notably those in the North End, continued to use the Bay extensively as their recreational area. Starting with local recognition of health issues and the need for a more balanced use of the harbour in the late 1950s, and continuing until this day with the Cootes to Escarpment Ecopark System initiative, restoration of the damaged harbour environment continues.

Following Dr. Bouchier's presentation, MURA President Les King called the business meeting to order during which vacancies on the 2017/18 Executive and Council were filled.

President Vice-President Past President Treasurer Secretary Executive

Heather Grigg

Helen Barton

Les King

Beth Csordas

Nora Gaskin

Councillors

Serving until 2018

Gail Britton Dianne Coventry Nora Gaskin

Serving until 2019

Brian Beckberger Carolyn Rosenthal

Serving until 2020

Phyllis DeRosa-Koetting John Horsman Shep Siegel Peter Sutherland

New MURA Council Members

(in their own words)

John Horsman retired in 2007 after 27 years at



McMaster. John was born and raised in Hamilton and completed his undergraduate degree at Mac in 1970. He returned to work at McMaster in 1981 after working at the Canada Centre for Inland Waters and Canada Post. He started his McMaster tenure in

the Computation Services Unit, moved to the Department of Clinical Epidemiology and Biostatistics (CEB) as a research assistant with the Health Utilities Group (HUG), and then spent time in the Department of Medicine and the Geriatric Research Unit before returning to CEB and HUG as a senior research coordinator. John continued to work part-time until 2015 as the world-wide client liaison for Health Utilities Inc. (HUInc), a commercial offshoot of HUG research. He continues his association with McMaster in numerous research studies, most recently in the Department of Kinesiology where he is a test subject in studies of the role of protein in retaining viable muscle fibre in older populations.

John is married to long-time McMaster employee Morag Horsman. They have two children and two grandchildren. John's post-retirement activities include their garden, photography, travel, reading, staying active with a regular workout routine, and spending time with the grandchildren.

Shepard Siegel received his PhD in Psychology from Yale University, joined the McMaster faculty in

1968, and retired in 2005 as Distinguished University Professor of Psychology, Neuroscience & Behaviour. He has served as President of the McMaster Faculty Association (MUFA), and several terms as a member of the University Senate.



Three years after retirement he became a McMaster alumnus when he received an Honorary DSc. Degree from McMaster. His research has been concerned with the general area of Pavlovian conditioning, particularly the contribution of such conditioning to physiological and behavioral regulation.