

PRESIDENT'S CORNER

As you know, MURA Council manages the affairs of our Association, and the Executive carries out this function between the monthly Council meetings. In February of this year I had the opportunity to serve as Chair of MURA's Nominating Committee; its task was to prepare a slate of candidates for executive and councillor positions for 2012-2013. The list (page 3) was submitted to and approved by this year's MURA Council in March, and will be considered by you at the MURA Annual General Meeting on May 30th. Many thanks to Nominating Committee members Jim Kramer, Shari Mercer, Harold Siroonian, and Bob West for their work on our association's behalf.



MURA Vice President Marianne Walters will represent our retirees this month in Victoria at the Annual Meeting of CURAC (College and University Retirees Associations of Canada). She'll give a presentation on two of MURA's important and special features: our endowed scholarship fund and our dues-free membership.

In recent years MURA Council has been promoting increased volunteer involvement on the part of Mac retirees. In this issue of *MURAnews* you can read about several organizations that can use your help. The MURA website is another contact source – just click on the home page's "Volunteering" tab.

Our newsletter committee has added new features recently, including descriptions of books by Mac authors and contributed articles by our members. Please let us know how we can help you, and how you can assist us.

The Annual General Meeting (AGM) of MURA will take place on Wednesday May 30th on campus in Celebration Hall. The event begins with a noon luncheon, including a cake ceremony in recognition of recent contributors to the MURA Endowed Scholarship and Prize Fund, and a featured presentation by McMaster President Patrick Deane on *McMaster and the Hamilton Community*. The AGM that follows will include the Report of the Nominating Committee, elections, and a short review of last year's activities. I hope to see you there!

Joe Laposa, MURA President
jlaposa@cogeco.ca or 905-648-6610



NOTICE OF ANNUAL GENERAL MEETING

Date: Wednesday, May 30, 2012

Time: 12:00 noon

Place: Celebration Hall in Kenneth Taylor Hall

RSVP is required by **May 14, 2012** to establish numbers for the lunch. Contact Pam Penny at penny@mcmaster.ca or phone 905-627-0463. If you have an Ontario Accessible Parking Permit and require reserved accessible parking, please let Pam know.

See pages 3 & 4 for details and plan to attend.

This issue of MURAnews is being mailed to all members without email contact to ensure they receive the Notice of the AGM and the Nominating Committee's report, as required by MURA's Constitution.



YOUR MONEY, YOUR HEALTH



Green & Thrifty

Kathy Overholt

If you're like me, you've probably wondered if homemade cleaning products will do the same quality work as the more expensive, chemical-laden ones that are most familiar to us. I have frequently seen stories about and recipes for the homemade products. I finally took the plunge and tried some of the simpler recipes. Some were disappointing and some exceeded all of my expectations. I'd like to share three of the better ones.

No-scrub Toilet Cleaner

Sprinkle ½ cup baking soda into the bowl, then pour in 1 cup vinegar. When the fizzing stops, just swirl around with a cleaning brush to leave the bowl shiny.

Approximately \$0.40 per use

Great Glass Cleaner

Boil water and let cool a little. Put 1 Tbsp cornstarch in a spray bottle and add 2 cups hot water. Shake well to dissolve. Add 1/4 cup vodka and 1/4 cup vinegar. Shake again. Shake before using.

Approximately \$2.16 per batch (~500 ml)

All-purpose De-gunker

In a spray bottle, combine ½ tsp baking soda, 2 Tbsp borax*, ½ tsp liquid soap & 2 cups hot water for a chemical-free shine. Shake before using.

Approximately \$0.06 per batch (~500 ml)

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*If you prefer not to use borax, you can substitute 3 Tbsp vodka. This will change the cost to approximately \$1.60 per batch (~500 ml)

You can buy spray bottles at most dollar stores, but try to buy the heavier plastic ones. I put hot water in one of the flimsier bottles and watched as it started to melt into a very weird shape. Oops!

Update On \$10,000 Out-Of-Province Emergency Medical Coverage

Marianne Walters

About two years ago MURA began to question the usefulness of the \$10,000 McMaster Emergency Medical Travel coverage for retirees. Human Resources (HR) routinely advises retirees that the \$10,000 McMaster benefit is not adequate by itself to cover potential costs in almost all out-of-province/country travel situations, and recommends the purchase of additional private insurance. MURA supports this view.

The specific question that MURA raised was whether the \$10,000 benefit could be used to cover a deductible on a private insurance policy, thereby reducing the cost of the policy.

Initially we were emphatically advised by HR that the benefit could not be used in this way.

Mr. Geoff Burman, President of Broker Advantage, who was recommended to us through the Canadian Life and Health Association, was extremely helpful to MURA during the protracted discussions with HR that ensued. Members of the MURA Pension & Benefits Committee agree that Mr. Burman's knowledge and input were indispensable in achieving a positive outcome for MURA members.

As a result of Mr. Burman's dedicated participation, it was finally acknowledged by HR in June 2011 that the \$10,000 benefit can be used as a deductible on any private travel insurance policy that offers that option. This can reduce the cost of an insurance policy by as much as 45%.

At this point attempts by MURA to identify a specific travel insurance plan and by HR to have Sun Life develop a plan which could be co-ordinated with our benefit to produce cost savings were abandoned. Having the option to use the \$10,000 as a deductible is, in our view, a far better outcome. Now retirees are free to search for whatever plan works for them, with or without a deductible option, and to compare costs taking into account all relevant factors such as their age and health status.

When considering whether to use your \$10,000 as a deductible or not there are factors to consider other than potential cost savings. You may want to save your McMaster coverage and not risk using it up as a deductible. The McMaster coverage is not conditional on your health status whereas most, if not all,

supplemental plans have health conditions. At some stage the McMaster plan may be the only option available, so it might be advantageous to retain it. A more thorough discussion of whether you should use your McMaster coverage as a deductible is available on page 1 of the Fall 2011 issue of *MURAnews* (<http://mcmaster-retirees.ca/MURAnews.2010-11.html>). If you do choose the deductible route, we have been advised that you should inform both insurers if you need to make use of the policies while travelling so the insurers can handle your claim in the most appropriate way.

Some of our members already have satisfactory connections with one or more travel insurance providers. But a number of retirees have contacted MURA for information about where they can obtain additional private travel insurance. While MURA has not done a comprehensive study of available policies, nor does it endorse or recommend any one source, we did find in our work on this issue that Mr. Burman's company "Broker Advantage" offers a number of different underwriters who offer competitive pricing, and in some cases a deductible option. Insurers include Journeyman (their own family of travel insurance products) as well as Manulife, Travel Underwriters, and others.

Broker Advantage is located in Burlington Mall, 777 Guelph Line, Suite 210, Burlington, ON and can be contacted through their website:

<http://www.brokeradvantageinc.com>

or <http://www.journeymancoverall.ca>

or by telephone at 1-877-294-1810 (toll free) or 905-315-9426 (Burlington).

As the websites are still undergoing improvements, and many of our members do not use the internet, you may prefer to phone to enquire about which of their numerous plans best fits your individual travel plans, health status, etc. We advise you to identify yourself as a MURA member when you phone.

Please send comments or questions to Marianne Walters, MURA Vice President and Chair, Pension & Benefits Committee (email: waltersm@cogeco.ca or by phone to MURA at 905-525-9140, extension 23171).

Five Warning Signs Of A Stroke

Janice Rischke

Weakness – A sudden loss of strength or sudden numbness in the face, arm or leg, particularly on one side of your body, even if temporary.

Speech Impairment – Sudden difficulty speaking (such as slurred speech) or understanding or sudden confusion, even if temporary.

Vision problems – Sudden vision problems, such as blurred vision, even if temporary.

Headache – Sudden severe and unusual headache.

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Dizziness – Sudden loss of balance, especially with any of the above signs.

If you experience any of the above symptoms, CALL 9-1-1 immediately. Recognizing and responding immediately to the warning signs of a stroke by calling 9-1-1 or your local emergency number can significantly improve survival and recovery.

Refer to <http://www.heartandstroke.com> or contact your local Heart and Stroke Foundation office* for more information.

* Halton Region Office: Supporting Milton, Oakville, Burlington
7 - 4391 Harvester Road
Burlington, Ontario L7L 4X1
Telephone 905-634-7732

Hamilton Office: Supporting Hamilton, Ancaster, Dundas, Flamborough, Glanbrook, and Stoney Creek
1439 Upper Ottawa Street, Unit 7
Hamilton, Ontario L8W 3J6
Telephone 905-574-4105

**McMaster University Retirees Association
NOTICE OF ANNUAL GENERAL
MEMBERSHIP MEETING AND LUNCHEON**

Date: Wednesday, May 30, 2012

Time: 12:00 noon - 2:30PM

Place: Celebration Hall
(Basement of Kenneth Taylor Hall)

McMaster University

RSVP is required by May 14, 2012 to establish numbers for the lunch. Contact Pam Penny at penny@mcmaster.ca or phone **905-627-0463**.

Luncheon

A light sandwich luncheon will be served while you socialize with friends.

**Special Presentation to the AGM
McMaster and the Hamilton Community
Patrick Deane**

Dr. Deane has been President and Vice-Chancellor of McMaster University since July 2010. He is also a Professor in the Department of English and Cultural Studies. As President, Patrick is focused on enhancing the student experience, integrating community engagement into the work of the academy, and ensuring the continuation of a wide-



range of high-quality research.
(Photo courtesy of McMaster Public Relations)

Business Meeting

Including reports of Officers and Council Elections

Need a ride? If you live in the Hamilton area and would like to attend but don't have transportation, we'll pick you up and take you home.

Need help getting to Celebration Hall from the bus stop? Contact Kathy or Helen with your request by Sunday May 27th.

Kathy Overholt 905-521-0303 overhol@mcmaster.ca
Helen Barton 905-528-8951 barton@mcmaster.ca

**2012 NOMINATING COMMITTEE REPORT
MURA Council 2012/2013**

Honorary President* Arthur Bourns

Executive

Past President (ex officio): Joe Laposa

President (Nominated): Marianne Walters
(One year term, to 2013)

Vice President (Nominated): Jack Evans
(One year term, to 2013)

Treasurer*: Beth Csordas

Secretary*: Wayne Rouse

Councillors

Nominated for office until 2015:

Helen Barton
Diane Coventry
Linda Grocott

Continuing in office until 2014:

Kathy Heywood
Janice Rischke
Harold Siroonian

Continuing in office until 2013:

Helen Dietsche
Mary Johnston
Shari Mercer

Auditor:* Bob West *appointed

In accordance with Article 8.01 Section 3 of the MURA Constitution: "Further nominations for the nominated positions will be received by the Secretary of the Association up to seven (7) days prior to the date set for the annual general meeting from nominators who are regular members of the Association together with the verbal or written acceptance of the nominee. Nominations will also be received from regular members at the annual general meeting."

Nominating Committee:

Joe Laposa (Chair)
Jim Kramer
Shari Mercer
Harold Siroonian
Bob West



(see page 4 for parking information)

COMPLIMENTARY PARKING FOR THE AGM

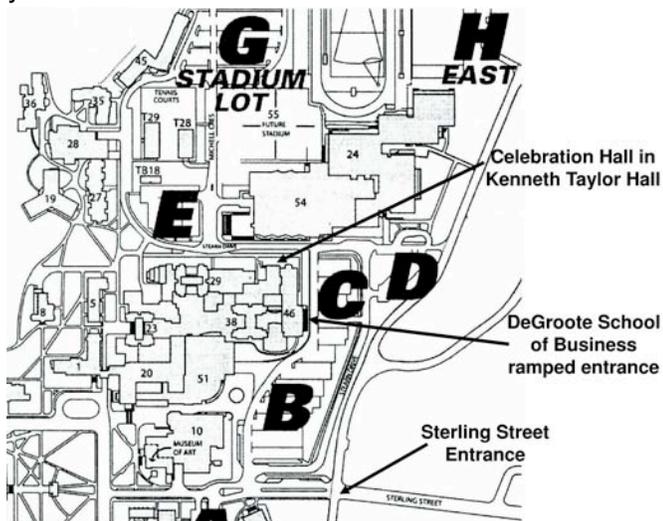
MURA thanks Parking Services for this generous support

Retirees will have access to Parking Lots C, D and E, all close to Kenneth Taylor Hall. Come on campus via the Sterling Street entrance. Lot G - the underground Stadium lot - may also be used if the lots closer to KTH are full.

Retirees who do not have a McMaster parking permit and transponder may park in any of these lots showing "Visitors - Open". Take an entry ticket from the machine as you enter. Then be sure to pick up an "Exit Ticket" from the check-in table at the AGM location. Insert the Exit Ticket at the exit gate to "pay" for your parking when you leave your parking lot.

Retirees with valid transponders may park in any lot that shows "Transponders - Open".

For the mobility impaired, if you have an Ontario Accessible Parking Permit and require reserved accessible parking, please be sure to tell Pam in your RSVP. Reserved parking will be provided in Lot C close to the ramped entrance to the DeGroote School of Business. Use the elevator just inside the DeGroote building to access Celebration Hall in the Kenneth Taylor Hall basement. Parking staff will be on duty to assist with accessible parking in Lot C. Please have your Ontario Accessible Parking Permit on display in your vehicle.



MURAnews ONLINE

Win a prize in the 2012 Opt Out Draw. If you switch to reading MURAnews on the web and opt out of the printed version before or at the MURA AGM, we will enter your name for a prize to be drawn at the AGM on May 30th.

To try the online version of MURAnews, go to <http://mcmaster-retirees.ca/MURAnews.2012-13.html> We hope that you like what you see!

To switch to the online version of MURAnews, please phone Pam Penny at 905-627-0463 or email her at penny@mcmaster.ca.

THE NATIONAL DO-NOT-CALL LIST:

CORRECTED INFORMATION

A recent MURAnews story said cell phone numbers had been released to telemarketing companies. We warned that you will be charged for these calls. To prevent this we urged readers to add their cell phone numbers to the National Do Not Call List.

The information about the release of cell phone numbers was incorrect. The federal telecommunications agency (CRTC) web site http://www.crtc.gc.ca/eng/info_sht/t1039.htm says cell phone numbers will not be released to telemarketers and that a national list of cell phone numbers is not available.

We still urge readers to list cell phones, along with their regular phones, with the agency. You can use the web site <http://www.lnnte-dncl.gc.ca/> or call 1-866-580-DNCL (3625). It will only take a few minutes of your time and will block your numbers for 5 years.

THANK YOU FROM UNITED WAY



On behalf of the more than 200,000 residents served by United Way programs in Hamilton and Burlington, thank you for your generous support of the 2011 campaign.

2011 was a very special year for McMaster - we exceeded our ambitious goal of \$265,000 by nearly \$15,000, and became the largest employee workplace campaign in the region.

Those who have retired from McMaster continue to play a critical role in our workplace campaign: together you contributed over 15% of the total.

Thank you for making our campaign a success, and for making a difference in the lives of others. You proved that change starts here.

Co-Chairs, Ken Cruikshank and Peter Self

College and University
Retiree Associations of Canada



Associations de retraités des
universités et collèges du Canada

CARP memberships through CURAC

Because MURA is a member association of CURAC (The College and University Retirees Associations of Canada), MURA members can purchase (or renew) a CARP Membership with Zoomer magazine subscription until May 31, 2013 at a special reduced rate of \$24.95 (regularly \$34.95). You can find the application form on the CURAC Website (<http://www.curac.ca>) under the "Benefits" button. If you do not have access to a computer and would like the form, please call the MURA office at 905-525-9140, extension 23171 and leave a message. We will mail the form to you.

Spring 2012 CURAC Newsletter

The Spring 2012 CURAC newsletter is available online at http://www.curac.ca/?page_id=445. It contains information on CURAC conferences for 2012/2013, plus articles such as: *Are (Aging) Professors a Problem?* and *Pension Management in Troubled Times*.



VOLUNTEER OPPORTUNITIES



Volunteer Hamilton Lunch 'n Learn Session @ Mac Staying Connected

Are you looking for volunteer activities that are the right fit for you and those you would be helping?

Join fellow MURA members to learn how to 'look within' as a step to volunteering, with the aim of matching your interests and skills to volunteer opportunities. This may even include creating new activities that the host social service agency has not yet considered -- thinking 'outside the box' and viewing the community as a series of opportunities to be gathered rather than a series of problems to be solved.

Tuesday, May 15, 2012; 12:30 to 2:00 p.m.

DeGroot School of Business, Room A102, McMaster University

Please bring your own lunch and beverage.

RSVP by Friday, May 11th -- by email to barton@mcmaster.ca or by phone to 905-528-8951.

VON Hamilton

VON Hamilton has a role for YOU...

Meals On Wheels - Deliver hot or frozen meals at noon to home-bound individuals in Hamilton and Stoney Creek. Both drivers and servers needed one day or more per week, Monday to Friday. Mileage paid.

Volunteer Visiting - Provide friendship to lonely seniors or adults with disabilities and caregiver relief. Visits can be on a flexible basis. Training and ongoing support is provided.

Hospice Volunteer Service - Offer emotional and practical support to individuals of all ages with a life-threatening or terminal illness. All volunteers are provided with 30 hours palliative-care education.

Bereavement support - Offer support for clients that have recently lost a loved one. 6 hours of education provided. Commitment of 1 hour per week for 1 year.

Good Beginnings - Provide support to new parents with a newborn. Education provided.

Tele-Touch - Provide a phone call to a lonely senior to offer reassurance and decrease loneliness. 1 to 7 times per week. Education provided.

Shopping By Bus - Assist tenants from selected seniors' apartment buildings with their grocery shopping. Includes free bus service to and from store. A partnership of VON Hamilton, No Frills, Fortinos and HSR.

South Asian Indian Seniors Congregate Dining - Provide transportation and assistance to seniors of South Asian Indian descent so that they can interact with peers and enjoy a delicious and nutritious Indian-style meal. Offered once a week at Hindu Samaj Temple Hall and Chedoke Twin Pads Hockey Arena.

Volunteer-Assisted Transportation - Provide a drive to a medical appointment and friendly support while waiting. As needed; you decide what days you have available.

Call 905-522-0053 or email hamilton.volunteerservices@von.ca

City Kidz

City Kidz exists to transform the lives of inner city children, break the cycle of hopelessness, and end child poverty.

This Hamilton organization has a great need for volunteers, and many ways that you can fit in.

Are you the quiet type who prefers to work behind the scenes? Are you outgoing and demonstrative and love to be in the center of all the action? Not sure where you will fit in? No problem! They've got a place for you, including:

- ★ **Administrative opportunities** in the office, Monday - Friday, as well as opportunities at the Volunteer Centre and Theatre on Saturdays.
- ★ **Support roles**, including maintenance (Monday - Friday) and traffic control (Saturdays).
- ★ **Team member** opportunities, which include Home Visits on Thursdays or Fridays, and helping on the buses and in the Theatre on Saturdays.

The steps to becoming a volunteer with City Kidz are as follows:

- 1) Attend a Saturday Tour. This is when you get to see and hear about the program first hand.
- 2) Attend a New Volunteer Orientation meeting. This is where you will learn all about who City Kidz is, the different volunteer opportunities available, and start the application process.
- 3) Complete the screening process: Volunteer Application, Interview, References and Police Check.
- 4) Complete training.

Saturday Tours run every Saturday until June 16th (excluding holiday weekends). They are held at City Kidz Playhouse Theatre, 177 Sherman Ave N, Hamilton.

Please contact Leanne Gaudreau at leanne@citykidz.ca or 905-544-3996 extension 212 to find out about available tour times and to register for a tour.

* Please note that ALL potential volunteers must undergo screening, training and appropriate police checks in order to be a part of the Volunteer Program at City Kidz.

CONTACTING MURA

Mail: Gilmour Hall B108, McMaster University
1280 Main Street West, Hamilton, ON L8S 4L8

Phone: 905-525-9140, extension 23171
(checked twice a week)

Email: mura@mcmaster.ca

Web Site: <http://mcmaster-retirees.ca/>

COMPUTER TIPS AND TRICKS

Maintaining Your Windows Computer

Marianne Van der Wel

While perusing the net, I came across an article entitled **5 Ways To Make Your Windows Computer Lightning Fast**. I think the term "Lightning Fast" is an over-statement, but do feel the article has merit. You will find it under "Yahoo! News" at:



<http://alturl.com/unts6> or do a web search using part or all of the phrase "5 ways to make your windows computer lightning fast".

I suggest you avoid the advice about disabling applications given in section 1, *Run the Essentials*, unless you are really comfortable

around a computer. Also, be very careful about uninstalling unwanted items as suggested in section 2, *Fluff not necessary*, unless you're sure of what you're doing. If you do decide to try these options, please remember it is always wise to do a complete backup of your system before any major clean-up of your system in case something goes wrong.

Another tip: I could not find the menus described in the instructions for section 1, *Run the Essentials*, for my home version of Windows 7. By searching Windows' "Help and Support" using the key words "auto run", I discovered I needed to download an "Auto Runs for Windows" program from the MicroSoft web site.

NEWS FROM MURA MEMBERS

Book by Susan Evans Shaw

Canadians at War: A Guide to the Battlefields of World War I. Susan Evans Shaw, Author; Jean Crankshaw, Photographer. Published July 8, 2011.

Ypres, the Somme, Vimy, Passchendaele, Amiens — to many, these are the names of battles far away and long ago. To thousands of soldiers, now gone, the battles were hard-fought and costly campaigns fraught with danger, pain, and tears. Today, these combat zones are trod by tourists in search of a connection with the past.

Canadians at War follows the route of the Canadian Expeditionary Force from its first encounter with German forces at Neuve Chappelle to the site of the 1915 gas attack at St. Julien, from the Somme to Vimy and Passchendaele. The book provides an historical overview of each battlefield as well as maps, photographs, and information on the memorials and cemeteries.

Susan Evans Shaw made her first visit to the battlefields of World War I in 2004, where she realized that there was a dearth of material for Canadians. Collaborating with photographer Jean Crankshaw, she created this book as a tribute to her grandfather, who was killed in action in 1918.

Downsizing



In response to a request in the Winter 2012 issue of *MURAnews* for feedback from MURA members on moving house after retirement, we heard from Averil Thompson (past editor of this newsletter).

Averil who moved from a house to an apartment in Dundas with her husband Ian after retiring, advises "be RUTHLESS! Many people cram too much into their new 'shoe box' and the result is a cluttered look."

Averil also provided a helpful list of agencies that will take your unwanted stuff to pass on to others:

Garage Sales at local churches and elsewhere

Canadian Diabetes Association

17-1685 Main Street West (at small plaza close to the corner of Main Street West and Highway 2). Telephone: 905-628-1112. Clothes may be deposited in the large red bins close to the office entrance.

Bibles for Missions Thrift Store

116 King Street West, Dundas (905-627-2412) and other locations in the Hamilton area. Gently used clothes, shoes, glass, china, knick knacks, books etc.

Value Village Stores Ltd.

530 Fennell Avenue, Hamilton
Telephone: 905-318-0409
Clothes, household items, books etc.

Habitat for Humanity of Hamilton

285 Nash North, Hamilton
Telephone: 905-560-6707

Salvation Army Family and Community Services

150 King Street West, Dundas
Telephone: 905-627-0572

Will take jig-saw puzzles, books and other items for their clients.

Another downsizing option, identified by MURA member Margaret Jenkins, is to contact a company that specializes in assisting seniors with downsizing and moving. Costs vary depending on the services selected, but most provide a free initial consultation. MURA does not endorse any individual company but found listings for the following companies that offer services in the Hamilton area. If you want to investigate this option, here are a few companies that you might contact:

Moving Plus

<http://www.movingplus.ca/> 905-920-4473

Move Seniors Lovingly

<http://www.moveseniorslovingly.com/> 1-888-884-0804

Moving Mum

<http://movingmum.ca/> 519-822-7128

Being Organized 101

<http://www.beingorganized101.ca/> 905-962-3101

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Thanks to Moving Plus for providing these helpful tips:

- ◆ Ideally, start planning a year before the actual move by answering the following key questions - What will my new lifestyle look like? How much space will I have in my new home?
- ◆ Prepare a floor plan for the new home and determine the amount of cupboard/closet space that will be available. Choose large items such as furniture that is comfortable, that you use on a regular basis and will fit in your new space. The most common mistake is overestimating the amount of available new space.
- ◆ Decide on family disbursements by creating a clear system to identify which items are available for taking and be sure everyone gets something special. If disagreement occurs, encourage negotiation.
- ◆ Schedule 2-3 hours per week to sift and sort through items into piles for: Taking, Donating, Selling, Rubbish.

Follies Variety Show



Follies 
the Sixties

Peace

follies
variety show

May 23—2 pm
May 24—2 pm
May 25—2 pm & 7 pm
May 26—2 pm

McIntyre Performing Arts Centre
Mohawk College

All New Theatre
All New Family Friendly Shows
Same Great Entertainment

For Tickets Call: **905-528-8095**
Or visit our office located in the Hamilton City Centre, Lower Floor

Please support your fellow retirees who are in this show.

For tickets call Harold Siroonian at 905-527-5473. Find out more at <http://www.folliesvarietyshow.com/>

Seniors Successful Aging Expo

Pam Penny sent us a note about a Dundas Community Services event: **Seniors Successful Aging Expo** on Tuesday, June 12th, from 10 a.m. to 2 p.m. at the Dundas Lions Memorial Community Centre, 10 Market Street South in Dundas.

The event will feature speakers on aging successfully, senior issues, a panel on “Age Friendly Communities” and displays demonstrating healthy ideas to age successfully, along with refreshments and door prizes.

For more details or to register, please call Jane Allen at 905-627-5461.

WELCOME NEW MEMBERS

Mrs. Linda M. Benson, Athletics & Recreation
Mrs. Patricia Harris, Office of the Registrar
Mrs. Christine Kleinschmidt, Medicine
Ms. Janice Lloyd, Bookstore
Ms. Betsy MacKinnon, Oncology
Dr. Hayden Maginnis, School of the Arts
Mrs. Janet Muldoon, Media Production Services
Mrs. Elizabeth A. Murray, Clinical Epidemiology & Biostatistics
Dr. Andrew Rainbow, Biology
Mrs. Janis Randall-Simpson, Pediatrics
Mrs. Gail Trevisani, Medicine
Mr. Colin Wu, University Technology Services



RECENT PASSINGS

Dr. Richard Bader, Chemistry, Jan. 15/12
Mrs. Sophia Berenbaum, Department of Psychiatry, Feb. 21/12
Mrs. Marguerite Boux, Labour Studies, Feb. 1/12
Mrs. Sharon Branton, Health Sciences Library, Mar. 10/12
Mrs. Betty Cave, Student Health Services, March 19/12
Mrs. Elsie A. Chisholm, Housing & Conference Services, Mar. 4/12
Mrs. Helen Dwyer, Centre for Continuing Education, Feb. 15/12
Mrs. Christine Feaver, Economics, Apr. 14/12
Mr. James A. Hutcheson, University Technology Services, Feb. 13/12
Dr. Brian John, English, Jan. 23/12
Mr. George W. Kay, Operations & Maintenance, Feb. 21/12
Mr. Ross Lake, Parking & Transit, Feb. 20/12
Mrs. Christa Lueth, Facility Services, Jan. 29/12
Mrs. Maria Malisa, Facility Services, Feb. 8/12
Mr. Robert McNaught, Accelerator Lab, Jan. 29/12
Dr. Cesar Rouben, Modern Languages & Linguistics, Mar. 9/12
Dr. George Round, Mechanical Engineering, Jan. 21/12



MURA TRIPS

Hello Fellow Retirees

By the time this newsletter is available, a number of us will have returned from a 4 day trip to Chicago where I'm sure a good time will have been had by all. Then those of you lucky enough to be going on the Alaska trip in May will be getting ready for that.



Meanwhile, here is a little information on upcoming day trips. If you have ideas or destinations for future trips, please let me know. Looking forward to seeing you at the MURA Annual General Meeting on May 30th.

For more information, please contact me at 905-336-5568 or merciers@mcmaster.ca. Mail your cheque(s) and booking form(s) to me at 2080 Deer Run Avenue, Burlington, Ontario L7S 2S8.

Have a wonderful Spring season.
Shari Mercer

Use the booking forms on page 9 of this newsletter to register for trips.

Thursday, June 7, 2012

The Sound of Music at the Drayton Festival Theatre in Drayton, Ontario

Join us as we travel to Elmira, Ontario where our day begins at the Crossroads Family Restaurant to enjoy a wonderful buffet lunch before heading to the Drayton Festival Theatre for a matinee performance of *The Sound of Music*. Sit back and enjoy this timeless classic, as the stage comes alive with the sound of music! In this epic love story, an aspiring nun named Maria leaves the convent to govern the seven mischievous children of Captain von Trapp. The memorable score by Rodgers & Hammerstein features such beloved songs as "My Favourite Things", "Do Re Mi", "Edelweiss", "Climb Every Mountain", and, of course, the glorious title song.

Departs Hamilton, Fortinos, 1579 Main Street West, east end of parking lot closest to Boston Pizza at 10:15 a.m., and returns by 6:00 p.m.

Inclusive cost (buffet lunch, ticket to show, luxury motor coach transportation, HST, gratuities) is \$97.00 per person, post date cheques to May 1, 2012 payable to McMaster University Retirees Association (MURA).

Wednesday, July 11, 2012

Stratford, Ontario for a matinee production of 42nd Street.

We travel to Stratford, Ontario where we can enjoy some free time in Stratford before enjoying a delicious lunch at Demetre's Family Restaurant. Entree choice of roast beef, char-broiled chicken breast with cranberry sauce or grilled fillet of sole - please advise at time of booking.

We will depart the Fortinos parking lot at 10:00 a.m. and arrive back to same around 6:15 p.m.

Cost for the day is \$160.00 per person inclusive (luxury motor coach transportation, lunch, show ticket - we have excellent seats, HST, gratuities). Please date cheques for May 25, 2012, payable to MURA.

Thursday, August 16, 2012

Mariposa Market, Orillia Opera House tour and performance of Mid-Life! The Crisis Musical, boat cruise and steak BBQ in Muskoka, Ontario

A mid-summer break for us as we travel to Orillia for a stop at the Mariposa (former name of Orillia) Market before a tour and performance of the above musical comedy at the Orillia Opera House, then on to our tour boat for a cruise around Orillia Harbour and steak BBQ.

We will depart the Fortinos parking lot at 9:45 a.m. and return by 9:00 p.m.

Cost for the day is \$112.00 per person inclusive (luxury motor coach transportation, market stop, opera house show ticket and tour, boat cruise and BBQ steak dinner, HST, gratuities). Date for post-dated cheques for this day trip is July 5, 2012, payable to MURA.

Tuesday, September 11, 2012

Johnston's Cranberry Marsh

A little bit different day is planned with travel from Fortinos on a comfortable Great Canadian Coach to the Mariposa Market in Orillia where we can explore the shops for baked goods, collectables, candies and other interesting 'finds'. Then to the Bala United Church where a highly recommended hot lunch will be served. We continue on to Johnston's Cranberry Marsh for a guided 'Bog to Bottle' tour of the farm followed by a tutored wine tasting experience. Before leaving for home we can browse through the Cranberry Emporium displaying delicious preserves, dried cranberries, a variety of wines and much more.

We will depart Hamilton at 8:00 a.m.

Cost is \$62.00 per person inclusive payable to MURA by August 15, 2012.

MURA SPECIAL EVENT

Alice's Adventures in Wonderland National Ballet of Canada, Toronto November 2012

I am hoping to book a block of tickets for a Saturday matinee performance in November of *Alice's Adventures in Wonderland* at the Four Seasons Centre in Toronto for MURA members and friends. A co-production with England's Royal Ballet, the work was a smash hit on both sides of the Atlantic when it premiered in 2011. Look for details on date and price and a booking form in the Summer 2012 issue of *MURAnews*. In the meantime, you can reach me at johnston@mcmaster.ca or 905-627-1409.

Mary Johnston

BOOKING FORMS FOR MURA TRIPS

To book any of the following trips, please complete and mail the relevant section of this form, along with a cheque payable to McMaster University Retirees Association or MURA, to **Shari Mercer, 2080 Deer Run Avenue, Burlington, Ontario L7S 2S8.** You can reach Shari by phone: 905-336-5568 or email: mercercs@mcmaster.ca for more information.

June 7, 2012 The Sound of Music in Drayton Ontario
\$97.00 per person - post date cheques to May 1, 2012 payable to MURA

of persons: Amount (# persons X \$97) \$:

Name:.....

Address:.....

Postal Code: Telephone #: email address:

July 11, 2012 Stratford, Ontario

Lunch at Demetre's (please indicate entree preference) and performance of 42nd Street
\$160.00 per person- post date cheques to May 25, 2012 payable to MURA

of persons: Amount (# persons X \$160) \$:

Name:.....

Address:.....

Postal Code: Telephone #: email address:

Entree preferenceBeefChickenSole

August 16, 2012 Orillia

Mariposa Market, Orillia Opera House tour and show, Muskoka Boat cruise and steak BBQ
\$112.00 per person - post date cheques to July 5, 2012 payable to MURA

of persons: Amount (# persons X \$112) \$:

Name:.....

Address:.....

Postal Code: Telephone #: email address:

Tuesday September 11, 2012
Johnston's Cranberry Marsh

\$62.00 per person - post date cheques to August 15, 2012 payable to MURA

of persons: Amount (# persons X \$62) \$:

Name:.....

Address:.....

Postal Code: Telephone #: email address: